

Pure Paws Veterinary Care of Hudson Square

350 Hudson Street · New York, NY 10014 · 212-203-4187

Canine Weight Loss Intake Questionnaire

There are no wrong answers here — we just want to understand your dog's world as fully as possible.

Patient & Client Information

Owner Name: _____

Pet Name: _____

Breed: _____

Age: _____

Sex / Neuter Status: _____

Current Weight: _____

Ideal / Goal Weight (if known): _____

Diet History

Current food(s) (brand + formula): _____

Amount per meal (cups / grams):

Meals per day: _____

How is food measured: _____

Any recent changes in diet: _____

Your Relationship with Your Dog

What's your favorite way to spend time with your dog?

How does your dog greet you when you come home?

How do you show your dog love?

Treats / food Cuddles Playtime Walks Verbal praise All of the above

What makes your dog the happiest?

How does your dog let you know when they want attention?

Food, Treats & Feeding Habits

What's your dog's favorite treat?

Does your dog get Churros or Greenies?

Churros Greenies Both Neither

Does your dog chew on any of the following?

Bully sticks Rawhides Greenies Other chews None

If your dog chews — how often, and how much of one do they typically finish?

Does your dog have a begging face? Does it work?

- No begging face Yes — but I hold firm Yes — and honestly it works Every single time

Does your dog eat with the family or on their own schedule?

- Same time as us Their own schedule Whenever they want (free-fed)

What do you do when your dog seems hungry between meals?

- Give a treat Ignore it Give a small amount of food Offer a chew or toy It depends

Are there any foods your dog absolutely goes crazy for?

Does anyone else in the household feed the dog — kids, a partner, grandparents?

Is your dog food motivated — would they do just about anything for a snack?

- Not really Somewhat Very much so Food is everything to them

Does your dog have any special occasion foods — birthdays, holidays, etc.?

Daily Routine

Walk me through a typical day for your dog.

What does your dog do while you're cooking or eating?

- Waits patiently Hovers nearby Begs actively Stays in another room

How does your dog spend most of their day?

- Sleeping / resting Playing Following me around Looking out the window Mix of everything

After your dog finishes their meal, do they seem satisfied — or still looking for more?

- Satisfied and walks away Licks the bowl and moves on Lingers and looks for more Immediately begs again
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Exercise & Activity

What does exercise look like for your dog on a typical week?

On days when you can't get a walk in, what does your dog do instead?

Would you say your dog is more of a couch potato or an adventurer?

- Total couch potato Somewhere in between Adventurer all the way

Has your dog slowed down over the past year?

- Not really A little Noticeably yes Mobility issues / stiffness

Does your dog go to daycare, have a dog walker, or stay with family sometimes? What do they eat there?

Behavior & Social Situations

How does your dog react when you're eating something — do they get involved?

- Stays away Watches from a distance Comes over and stares Full-on begging mode

Does your dog seem anxious or restless between meals?

Never Occasionally Often Hard to tell

How does your dog respond when they don't get a treat they're expecting?

Moves on quickly Keeps asking Gets visibly upset Doesn't happen — they always get one

When guests come over, do they ever give your dog treats or table scraps?

Never Sometimes Yes — it's hard to control

Supplements & Extras

Is your pet taking a fish oil supplement?

Yes No

If yes — what brand and how much do you give daily?

Do you give any vitamin chews?

Yes No

If yes — what brand, and how many do you give per day?

Is your pet on a joint supplement?

Yes No

If yes — what brand and how much do you give daily?

Medical History

Current medications / supplements: _____

Any history of:

Hypothyroidism Cushing's disease Arthritis Other: _____

Changes in:

Appetite Drinking / urination Energy level

Your Goals

What concerns you most about your dog's weight?

What challenges do you anticipate with a weight loss plan?

Preferred feeding style:

Meals only Puzzle feeders Combination
